Unit 1: Physical Regions

Worksheet 1

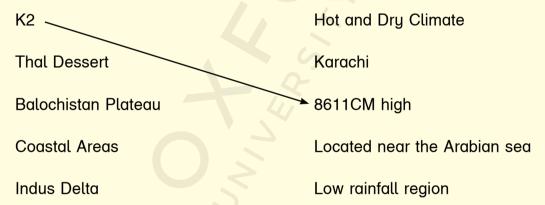
Section A: True or False

- 1. The Indus River is the longest river in Pakistan.
- 2. The Himalayas are found in the southern part of Pakistan.
- 3. The Thar Desert is similar to the Sahara Desert.
- 4. Mangroves are not important to the ecosystem.
- 5. Karachi is an important seaport for international trade.

Section B: Fill in the Blanks

- 1. The highest mountain peak in Pakistan is ______
- 2. The ______ Plateau lies between the River Jhelum and the River Indus.
- 3. The ______ Plain is formed by the sediment deposited by the River Indus and its tributaries.
- 4. The Karakoram Highway connects Pakistan with ______.
- 5. The Indus Delta is found where the River Indus flows into the _____.

Section C: Match the following



Section D: Multiple Choice Questions (MCQs)

- 1. Which mountain range is known as the highest in Pakistan?
 - a. Hindu Kush
 - b. Karakoram
 - c. Himalayas
 - d. Kirthar

b. Plat	eaus
c. Plai	ns
d. Mou	untains
3. What	is the primary occupation of people in the Balochistan Plateau?
a. Farr	ming
b. Live	estock raising
c. Fish	ning
d. Tou	rism
	is the primary type of vegetation found in mangrove forests?
	iduous trees
	iferous trees
	ngrove trees
d. Shri	ubs
5. The le	ength of Pakistan's coastline is approximately:
a.500	
b.800	km
c. 105	8 km
d. 120	0 km
Section E:	Short Answer Questions
1. Identif	y two tourist attractions located in the northern regions of Pakistan.
2. What	natural resources can be found in the Potohar Plateau?
3. Descr	ibe oneway human activities are threatening mangrove forests in Pakistan.

2. Which physical region of Pakistan is the most fertile?

a. Deserts

UNIT 2: Maps and Globes

Worksheet 2

Section	A: True	or False
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1. A globe provides a more accurate representation of the Earth.

2. The Tropic of Cancer is at 0° latitude.

3. Maps cannot show real-time information like traffic conditions.

4. The lines of longitude run from east to west.

5. The colour blue on a physical map indicates water features.

Section B: Fill in the Blanks

 A map is a dra countries, and 	wing of the Earth's cities.	, showing continents, oceans,	
2.A	$_{\scriptscriptstyle \perp}$ is a spherical representation of	the Earth.	
3. The four main	points of the compass are north	n, south,, and	
4.The	is a frame around a map that	t marks its boundaries.	
5. A	map shows the boundaries of c	countries.	
6.The	helps to indicate the scale ar	nd proportion of distances on a r	nap.
7 The	divides the Farth into the No.	orthern and Southern Hemispher	ക്യ

Section C: Multiple Choice Questions (MCQs)

- 1. Which of the following maps shows physical features of the Earth?
 - a. Political Map
 - b. Physical Map
 - c. Thematic Map
- 2. What does the legend/key on a map explain?
 - a. The borders of countries
 - b. The symbols used on the map
 - c. The scale of the map
- 3. What is the prime meridian?
 - a. The line at 90° longitude
 - b. The line that divides the Earth into northern and southern hemispheres
 - c. The line at 0° longitude

	a. 10° b. 15° c. 30°
	on D: Answer the Following Questions What are the two main types of maps mentioned in the text?
	Explain how to measure distance on a map using a string.
3.	Name one difference between the northern and southern hemispheres.
-	
1. '	What helps us to locate a place on the Earth using latitude and longitude?
•	
5.	Explain why maps are useful for travelers.
5.	Explain why maps are useful for travelers.

4. How many degrees are divided between each standard time zone?

Section E: Activity

Activity: Create Your Own Map!

- Draw a simple map of your neighbourhood or a fictional place. Include:
- A border around your map
- A title
- A legend with at least three symbols
- Indicate directions (north, south, east, west)
- Use colour to represent different areas (e.g., green for parks, blue for water)

Be creative and make sure to clearly label everything!



Unit 3: Climate and its impact on people

Worksheet 3

Section A: Understanding Weather and Climate.

	What is the difference between weather and climate? Write your answer in one or two sentences.
	List three instruments used to measure weather conditions and describe their function.
3.	Explain how latitude affects the climate of a region.
4.	How does height above sea level influence temperature? Write a brief explanation
••	

	Different Climatic Regions the three main climatic regions of the world and provide one characterist
a Troi	pical Pagion:
	oical Region:
b.Ten	nperate Region:
c. Pola	ar Region:
1. How o	Climate Impact on Lifestyle and Human Activity. loes climate affect the food people grow and the clothes they wear? Prov
examı	oles.
2.List tw	o ways in which human activities negatively impact climate.
2. List tw	o ways in which human activities negatively impact climate.

tion D: Natural D	isasters
1. Name and descr	ibe two natural disasters mentioned and their causes.
a.	
Description:	
h	
D	
Description:	
tion E: Safety Me	easures ety measure you should take during an earthquake?
1. Wriat is one sale	ty measure you should take during an earthquake?
	<u> </u>
	4
2. Write one precat	ution you can take in the event of a flood.
·	

Unit 4: Ancient Civilisations

Worksheet 4

CLIC	on A: Understanding Civilisations
1.	Write a definition of a civilisation in your own words.
2.	List two reasons why ancient civilisations were often located near rivers.
tic	on B: Gandhara Civilisation
	Where was the Gandhara Civilisation located? Name two modern-day cities the
	were part of it.
2.	What role did Gandhara play in Buddhism?
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	eek Civilisation and Roman Civilisation. o contributions of Greek civilisation to the world.
2. What we them.	re the two famous city-states mentioned in the Greek Civilisation? L
-	
3. Describe	one well-known aspect of Roman life and why it was important.
	5
	ojects did children in Rome learn?

Section D: Activities

In a chart format, list one similarity and one difference between Greek and Roman civilisations.

Similarity	Difference
Vhy do you think studying ancient civil	isations is important? Write 2-3 sentences.
	0-

Unit 5: Great Leaders

Worksheet 5

Section	Λ.	Truc	~ "		00
Section	I A:	rue	Or	ru	Se

- 1. Quaid-e-Azam معتالله عليه passed away in 1960.

 2. Begum Jahan Ara Shahnawaz was involved in promoting the Urdu language.
- 3. Sir Syed Ahmed Khan established the Aligarh Muslim University.

Section B: Fill in the blanks

uas borr رحةالله عليه Was borr	n on in
	
2. He became a barrister in and joined the	e High Court.
3. In, Jinnah متالله علي was given the title 'Amk Unity'.	passador of Hindu-Muslim
4. The Pakistan Resolution was passed in for	_, demanding a separate state
Sir Syed Ahmed Khan recognised the importance of progress.	for Muslims to

Section C: Multiple Choice Questions

- 1. What did Quaid-e-Azam معتاله عليه emphasise about the identity of the people of Pakistan?
 - a. To think of themselves as Punjabis, Sindhis, etc.
 - b. To act like rulers of the nation.
 - c. To think of themselves solely as Pakistanis.
- 2. What was significant about Sir Syed Ahmed Khan's educational work?
 - a. He closed many schools in India.
 - b. He believed education would open better job opportunities for Muslims.
 - c. He taught only in Urdu.
- 3. What was the All Pakistan Women's Association (APWA) founded for?
 - a. To promote sports among women.
 - b. To empower women through education and community work.
 - c. To support only wealthy women.

	D: Short Answer
1.	Describe the role of Begum Jahan Ara Shahnawaz in the Pakistan Movement.
	What two professions did Begum Rana Liaquat Ali Khan hold after the creation of Pakistan?
-+ F	E: Creative Activity
	hoose one leader mentioned in the passage and create a small poster that
	cludes:
•	A picture (you can draw or find one)
	Key facts about the leader (birth year, major contributions, etc.)
	Why you admire this leader

Unit 6: Explorers and Exploration

Worksheet 6

Section A: Fill in the blanks wi	
1. The first woman to travel in	•
	rote about his travels is called
	guese navigator who discovered the sea route to India.
4. The historical period from th	e 15th to the 17th century is known as the
Section B: Match the words wit	th their definitions.
Exploration	The original copy of a written work
Navigator	A journey undertaken to discover new places
Manuscript	A journey to a sacred place in Islam
Viceroy	A person who directs a ship's course
Најј	A representative of a king or ruler in a foreign country
	g questions in complete sentences.
1. What was Marco Polo's con	tribution to exploration?
2. Describe Ibn Batuta's travels	S.

4. What wa	as the significance of Neil Armstrong's journey to the Moon?
	7,5
	reative Writing
	ou are an explorer like Marco Polo or Vasco da Gama. Write a sha
diary entr	ou are an explorer like Marco Polo or Vasco da Gama. Write a sho y describing a day in your travels. Include details about what you s neet, and what you learn.
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UNIT 7: Pakistani Culture

Worksheet 7

Section A: True or False

- 1. Pakistan is a country with only one culture.
- 2. Eid-ul-Fitr is celebrated by Muslims in Pakistan.
- 3. Every culture has its own unique food, dress, and language.
- 4. English is not widely spoken in Pakistan.
- 5. All cultures share the same beliefs and customs.

Section B: Fill in the blanks.

- 1. The national language of Pakistan is ______.
- 2. The common dress worn by men and women in Pakistan is called ______.
- 3. Religious festivals in Pakistan include ______ for Muslims and _____ for Christians.
- 4. The traditional handicraft from Balochistan is known as _____

Section C: Match the words with their definitions.

Culture	A special skill in making things by hand
Tradition	The way of life and ideas of a particular group of people
Diversity	Different types of cultures and groups within a society
Provincial	Related to a specific region or area
Handicraft	Customs and practices that are passed down through generations

Section D: Multiple Choice Questions

- 1. What is the predominant religion in Pakistan?
 - a. Christianity
 - b. Islam
 - c. Hinduism
 - d. Buddhism

2. Which of the following is considered the national dress of Pakistan?	
a.T-shirt and jeans	
b. Shalwar kameez	
c. Kimono	
d. Sari	
3. Which language is the official language of Pakistan?	
a. English	
b. Urdu	
c. Punjabi	
d. Sindhi	
4. What is a common feature of all cultures?	
a. Everyone speaks the same language	
b. Every culture respects their elders	
c. All cultures have the same traditions	
d. No cultures have handicrafts	
5. Which province is famous for its Multani embroidery?	
a. Sindh	
b. Punjab	
c. Balochistan	
d. Khyber Pakhtunkhwa	
Section E: Answer the following questions.	
1. What are some common characteristics that all cultures share?	

2. D	escribe the significance of Islamic culture in Pakistan.
3. N	ame three different festivals celebrated by various religious groups in Pakistan.
	ow do climate and environment affect the food and dress in different regions of akistan?
	1-2
5. W	hat are some similarities between cultures around the world, based on the text?
_	
_	

Section F: Research Activity

	pose one aspect of Pakistani culture (e.g., music, food, dress, or handicrafts) research the following:
	nportance of this aspect in Pakistani culture
_	
_	
2.E	xamples of how it is expressed in daily life
	Q-
_	
3. U	nique features compared to other cultures
_	

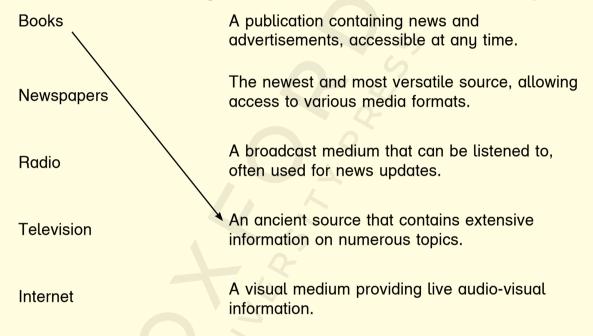
Unit 8: Sources of information

Worksheet 8

Section A: True or False.

- Relevant information helps understand the situation better
 Social media is a form of mass media.
- 3. Radio programs cannot be listened to when there is no electricity.
- 4. A news report provides opinions and conclusions about events.
- 5. Advertisements are paid announcements that show only good aspects.

Section B: Match the following sources of information with their descriptions.



Section C: Multiple Choice Questions

- 1. Which of the following is considered the most powerful source of information?
 - a. Radio
 - b. Books
 - c. Television
 - d. Newspapers
- 2. What is a disadvantage of using newspapers as a source of information?
 - a. They are expensive.
 - b. They are difficult to read.
 - c. They are not accessible to visually impaired individuals.
 - d. They do not contain advertisements.

3. Social media is primarily used for:
a. Broadcasting news.
b. Interactive communication among users.
c. Displaying paid advertisements.
d. Reading encyclopedia entries.
4. What type of information is irrelevant?
a. Information connected to the situation
b. Information that helps understand the situation
c. Information that is distracting and not connected
d. Information that is useful for decision-making
5. The Internet is regarded as:
a. The oldest source of information
b. A source that combines elements of all other sources
c. A type of newspaper
d. A type of television program
Section D: Answer the following questions in complete sentences.
1. Explain the difference between a news report and an advertisement.
1. Explain the amerence between a new report and an advertisement.
2. Why is the Internet considered a valuable source of information?

3. List two advantages and two disadvantages of using television as a source of information.

Advantages	Disadvantages

Section E: Summary

In 3-4 sentences, summarise the key differences between mass media and social media.

Q -
 4- 2-

Unit 9: Citizenship

Worksheet 9

1.What is a ci	tizen?
2. List at least	two rights that citizens enjoy in their country.
	Q-
Dofine 'Clar	pal Citizenship'.
b. Define Glob	oai Citizeristiip .
I. What is 'Dig	ital Citizenship'?

Section B: Ethics of Being Digital Citizens

Read the following ethics and answer the questions:

- Managing Time Taking Care of Devices
- Accessing Safe Websites
- Respecting Copyright
- Care with Cyberbullying

. What	should you do if you encounter a suspicious link or message?
. Descr	ibe one way to protect your personal information online.
	- 0-
	4/
	Freedom of Speech and Diversity is the right to freedom of speech? Why is it important?
	Freedom of Speech and Diversity

	n D: Human Rights and Peace
	Name two fundamental human rights stated in the Universal Declaration of Huma Rights.
-	
2.\	What is conflict resolution? Why is it important?
-	
3.1	List two methods for maintaining peace in a community.
_	
Sectio	n E: Common Etiquettes
1.\	Why are etiquettes important in society?
_	
2. F	Provide two examples of good manners that show respect to others.

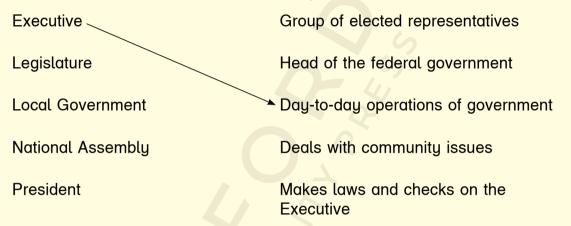
Unit 10: Governance

Worksheet 10

Section A: True or False

- 1. The Prime Minister is elected by the people directly.
- 2. The Senate has more members than the National Assembly.
- 3. All citizens in Pakistan have the right to freedom of speech.
- 4. Local governments manage national defense.
- 5. Political parties play an important role in a democracy.

Section B: Match the terms with their descriptions.



Section C: Multiple Choice Questions

- 1. What does a government do?
 - a. Make rules
 - b. Build houses
 - c. Make toys
 - d. Create games
- 2. Who is the head of the federal government in Pakistan?
 - a. Chief Minister
 - b. Mayor
 - c. President
 - d. Speaker of the National Assembly

	3. How many provinces does Pakistan have?
	a. Two
	b. Four
	c. Five
	d. Three
	4. What is the main purpose of the judiciary?
	a. To make laws
	b. To enforce laws
	c. To interpret laws
	d. To collect taxes
	5. Which document outlines the rights of citizens in Pakistan?
	a. The Constitution
	b. The Electoral Act
	c. The Bill of Rights
	d. The National Policy
Sec	tion D: Answer the Following Questions
	1. What is democracy?
	2. Name two responsibilities of citizens as stated by the law.

Section E: Fun Facts! Create a poster about one fundamental right you think is most important. Share why you chose it with the class!

Unit 11: Trade

Worksheet 11

Section	A: True	or False
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- 1. Countries never need to trade with one another.
- 2. Private goods are provided for free to everyone.
- 3. Pakistan imports many items, including machinery and petroleum.
- 4. Individuals in a family are interdependent.

Section B: Fill in the Blanks

Complete the sentences using the following words: trade, consumers, producers, public goods, private goods.

- 1. The government provides ______ that everyone can use, like roads and schools.
- 2. Items like groceries and clothes are examples of ______ that need to be bought.
- 3. _____ need consumers to buy their products in order to survive.
- 4._____ is the economic activity of buying and selling goods and services.

Section C: Match the following imported items with their corresponding countries:

Transport Equipment Sri Lanka, Kenya

Edible Grain Middle East

Tea USA and Canada

Petroleum and its By-products UK, USA, Japan, Germany

Electric Goods European Community, Japan

	rt Answer Questions e importance of cooperation	n in international tr	ade?			
2.Why do far	mers and industries deper	nd on each other?				
3. Give two examples of public services provided by the government.						
Section E: Draw and Label Draw a simple diagram showing the flow of trade from producers to consumers. Label the following:						
		2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2				
Producer	s G	oods	Consumers			
	Osi					
	Imports	Ex	oorts			

Section F: Reflection Write a short paragraph about what you learned from this lesson on trade and interdependence.

Unit 12: Money and Banking

Worksheet 12

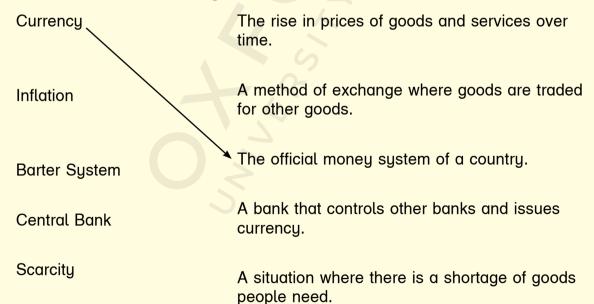
Section A: True or False

- 1. The barter system was an easy way to exchange goods without money.
- 2. Paper money was first used in Europe during the 17th century.
- 3. Credit cards are a form of currency issued by the government.
- 4. Scarcity occurs when there is an abundance of goods.
- 5. The State Bank of Pakistan is responsible for issuing currency.

Section B: Fill in the Blanks

- 1. _____ are small metal pieces used for transactions.
- 2._____ are issued by banks and can be used for purchases.
- 3. _____ refers to credit and debit cards used for making payments.
- 4. People who start their own businesses are called ______
- 5. Banks provide ______ to customers for various needs like housing or education.

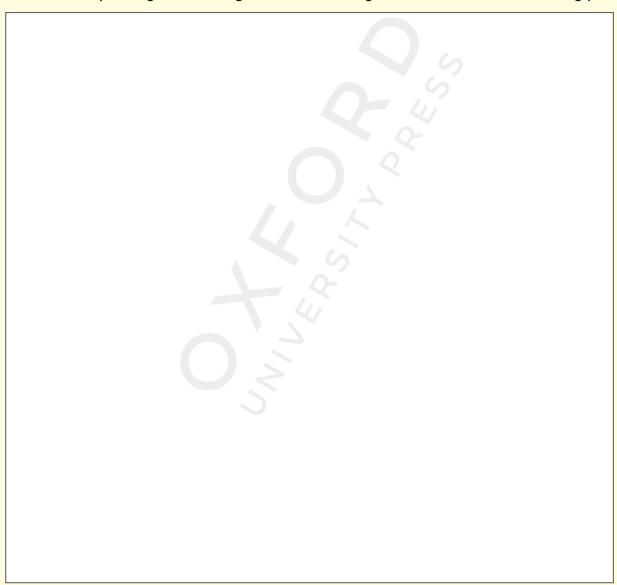
Section C: Match the following terms with their definitions:



Section D: Short Answer Questions

1. What are the advantages of using plastic money over cash?

Give one example of each: a situation of inflation and a situation of scarcity.



Depositors- Withdrawals- Loans- Interest- Central Bank

on F: Reflection
Vrite a short paragraph about what you learned from this lesson on money and panking.
Q-