



Guidance for Teachers

These are some additional helpful tips and recommendations for teachers to cover the course efficiently and effectively.

Before starting a text

A pre-reading activity is useful in securing the attention of the learners through activities that lead them to the text. Pre-reading activities should be interesting, relevant, and fun to do. For each text, a pre-reading section has been suggested. It should be used to lead a class discussion. Most pre-reading activities suggested are open-ended, i.e., they may not have a particular answer, but are useful for discussion that leads learners to the text.

Teachers may use any other interesting pre-reading activities with direct relevance to the text to be taught.

All the pre-reading activities contain a reading focus. The purpose of the pre-reading section is that learners read a text with that focus in mind.

Reading

A carefully planned reading class will go a long way in creating a love for reading in the minds of the learners. Some techniques are suggested here to help learners proceed step-by-step in the class from guided reading to becoming independent readers.

Shadow reading

For young learners, read aloud each sentence of the text slowly. Ask learners to follow the sentence with a finger and repeat after you. If a sentence is longer, break the sentence into meaningful parts. Take a clear pause at each break and at the end of each sentence.

2

Show action wherever possible to accompany your reading aloud.

Read a text aloud at least twice. Then, ask learners to read aloud. Help them with reading where necessary. All the texts should be taught in this manner. However, in later years, the concept of silent reading is to be introduced as well as it will help with independent learning and comprehension.

Chunk reading

Instead of asking learners to read a whole text all together, for Classes 1–4, each text should be divided into reading chunks that can be better managed by learners. Each text has been divided into two/three reading chunks for the students to understand with ease. Use a focusing question/statement before each reading chunk. Ask one/two link questions when students have finished reading a chunk. The link question/statement can function as the focus for the next reading unit. This has been done for all the prose texts. Linking/reflecting and prediction questions/activities for the reading chunks are given to assist learners in dealing with the texts. Allow learners to guess answers before each reading chunk. It does not matter if their answers do not match the text.

Comprehension questions (factual, inferential, as well as extrapolative) are meant to be used to hold a class discussion leading towards better understanding of a text. They should not be used for rote learning and memorization of facts from a text.

Extra clues from the text/learning questions should be used during discussion to help learners grasp the context and the text better.

It is always a good idea to ask learners to go back to the text to find out the facts during a class discussion.

Comprehension of poems

Poems for young learners reflect the rhythm of the language in a very obvious manner. Since poems are shorter in length, teachers should read aloud the

poetry texts with rhythm for learners to capture the natural pronunciation of English. All the poems here have been marked for their stress pattern, which creates the rhythm. Teachers should practice the rhythm by saying each poem aloud with appropriate stress several times before doing it in class.

For each poem, apart from the rhythm, a listening focus has also been provided. As learners listen, they try to get an answer for the listening focus.

Each poem should be read aloud by the teacher at least twice. Then, learners should be asked to repeat the poem after the teacher. This is an effective listening and pronunciation activity for English stress and rhythm.

When the listening is going on, the books must be kept closed. After the second listening, learners can look at the text and listen to the teacher at the same time.

Learners should then read the poem aloud, and then silently for better comprehension.

For older learners, the teacher should ask the students to keep their books closed and read the poem out to them. Then the teacher could ask a global question, elicit a response which connects to their world knowledge or ask for the theme of what has been read. See if the students can recall phrases and words.

Comprehension questions

Comprehension questions should be done orally in a discussion mode and not in a question-answer mode.

Learners may write the answers after the oral work.

Classroom procedure (group and pair work)

Learners should be given enough opportunities to find answers in pairs and groups, and refer to the texts as many times as they want.

After reading of the text is done, follow this sequence for the questions: i. comprehension, ii. vocabulary, and finally, iii. Pronunciation

Sample Lesson Plan



Week 10 Duration 60 min

Learning Outcomes

Upon completion of this lesson, students will be able to:

- Read the text on their own or with some assistance
- Read and understand words to know
- Understand and answer pre and while reading questions
- Answer challenges on their own
- Comprehend text post reading
- Write answers to comprehension questions
- Work on their composition skills
- Enhance their listening and speaking skills
- Work on their writing skills
- Learn to work in pairs or groups
- Learn to speak politely
- Enhance their imagination skills
- Write a letter to a family member
- Answer the questions about a line from the story
- Talk about a given topic
- Arrange the alphabets alphabetically
- Find synonyms in the passage
- Choose the correct answer according to context
- Understand and use homophones
- Differentiate and group masculine, feminine, and neuter nouns

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- Analyse a paragraph
- Identify topic sentence in a passage
- Identify supporting details in a passage

Date and Time	Content and teacher activity	Formative assessment	
Day 1: 00/00/00 05 min	Settling time: Ask the students to settle down and share if they have any difficulty or if they have not understood from the previous lesson. Ask them to take out their textbooks and notebooks.	Verbal response	
10 min	Starter: Recap through questioning. Ask the students the questions to see how much they remember from the previous lesson. Ask the students who were present in the previous class to help them revise. Ask the everyone and gently probe and encourage the students to provide answers. Try and gauge their speaking and listening skills as well.	Verbal response Recall Speaking and listening skills	
	Class presentation skills: If someone is willing to come to the front of the class and present, invite them. Start with the most confident students, however, gently move towards the shy students, and encourage them to participate as well. Encourage the students to say a few points of summary on the previously discussed topic. Keep in mind that some students may be shy to participate but may have excellent listening and speaking skills. Scaffold information and make them feel comfortable enough so they may participate.		

Date and Time	Content and teacher activity	Formative assessment
10 min	Pre-reading:	
	A pre-reading activity is useful in securing the attention of the students through activities that lead them to the text. Prereading activities should be interesting, relevant, and fun to do. For each text, a pre-reading section has been designed. It should be used to lead a class discussion. Most pre-reading activities suggested are openended, i.e., they may not have a particular answer, but are useful for discussion that leads learners to the text. Use any other interesting pre-reading activities with direct relevance to the text to be taught. All the pre-reading activities contain a reading focus. The purpose of the pre-reading section is that the students read a text with that focus in mind. Ask the pre-reading question present with the text. Try to scaffold the information. Provide helpful hints and gauge if they are able to provide information on their own. Gently probe students and encourage them to participate.	Brainstorming Creative thinking

Date and Time	Content and teacher activity	Formative assessment
10 min	Classroom procedure (group and pair work)	Reading skills
	The students should be given enough opportunities to find answers in pairs and groups and refer to the texts as many times as they want. After reading of the text is done, follow this sequence for the questions: i. comprehension, ii. vocabulary, and finally, iii. pronunciation.	Comprehension skills Silent reading skills Discussion skills
	Focused [Group / Silent] Reading:	Focused reading
	After pairing the students into groups, write the following questions on the board ask the students to find out the answers after reading the chapter once. 1. Do all plants and animals have a purpose? Yes, or No? 2. What do worms do? 3. What does the Horticultural Society of Pakistan do to celebrate the wide range of plants in Pakistan? 4. What is the special quality of Jasmine? 5. Which two flowers are deemed the favourites of Pakistan?	Brainstorming Skim & scan
10 min	Class discussion:	
	Write the above-mentioned questions on the board and ask the students to read through the text and try to find the answers to these questions. However, ask them to be mindful and not share the answers with anyone. After the entire class has read through the chapter and has successfully found all the answer then as a class discuss the answers and see how many pairs have found the correct answers.	

Date and Time	Content and teacher activity	Formative assessment
10 min	Teacher's Resource: Answers	
	 Plants and animals have many, varied roles. For example, bees spread pollen from flower to flower so that plants grow fruits. Worms break down leaves and help air to get in the soil. To celebrate the wide range of plants in Pakistan, the Horticultural Society of Pakistan hosts a flower festival annually. At dusk, Jasmine releases its perfume therefore it's a preferred flower to be grown at homes. Rose and Jasmine are the two favourite flowers of Pakistan. 	
	Feedback:	
	Give feedback on responses.	

Date and Time	Content and teacher activity	Formative assessment
10 min	READING ALOUD:	Reading skills
	Have a reading session with the students. Focus on the words that they are having difficulty in and repeat	Comprehension skills
	until they can read the passage without any problem.	Discussion skills
	POST-READING ACTIVITY:	Close reading skills
	APPRECIATE AND SHARE: Provide each student	Research skills
	with half a sheet of paper and ask them to write a	Drawing skills
	letter to the person sitting next to them mentioning	Writing skills
	the positive things they like about them and a flower that they would like to gift them, and why. The letter should be short, based on three to five lines.	Critical thinking skills
	Next fold the paper and write the name of the person it is meant for. It would be even better if the students	
	can be taught how to make an envelope with the	
	help of a paper and they can put their messages inside the envelope. After five minutes ask them to exchange and read them at a later time.	

Date and Time	Content and t	Formative assessment	
	HOMEWORK:		
	Make a fact file about you		
	FAVOURITE FLOWER F	ACT FILE	
	Draw the picture here.	Flowers are found	
	Flower need		
	Flower need		
	Interesting facts		

Date and Time	Content and teacher activity	Formative assessment
Day 2: 00/00/00 20 min	Comprehension questions Comprehension questions (factual, inferential, as well as extrapolative) are meant to be used to hold a class discussion leading towards better understanding of the text. They should not be used for rote learning and memorization of facts from the text. Extra clues from the text / learning questions should be used during discussion to help the students grasp the context and the text better. It is always a good idea to ask the students to go back to the text to find out the facts during a class discussion. Comprehension questions should be done orally in a discussion mode and not in a question-answer mode. The students may write the answers after the oral work. Class Work: Comprehension Attempt Exercise A 1, 2 in class. Feedback: Give feedback on responses and correct any answer if required.	Verbal response Brainstorm Creative thinking Prediction Foreshadowing

Date and Time	Content and teacher activity	Formative assessment
20 min	ACTIVITY: ALPHABETICAL ORDER	
	 Divide the class into groups. Each group will have 4–7 students. 	
	Ask each group to generate a list of ten words for a different category.	
	e.g. Group 1: Will make a list of words related to food.	
	Group 2: Will make a list of words related to playground.	
	Group 3: Will make a list of words related to the beach.	
	 Exchange the lists between groups and ask them to arrange the words in alphabetical order. 	
	4. Discuss the lists in the class.	
	ADDITIONAL HELPFUL RESOURCES:	
	ORDER THE WORDS IN THE LIST	
	Read each pair of words. Write which word would come first in alphabetical order.	
	Example A: lost / found Answer: found — lost	
	1. run / walk / computer	
	2. play / sit / book	
	3. fast / feast / lamb	
	4. happy / smile / write	
	5. face / arm / pen	
	5. face / arm / pen	

Date and Time		Content and	teacher activ	/ity	Formative assessment
	6. loc				
	7. jun	np / jog / office			
	8. typ	e / water / gla	ss		
	9. ba	seball / soccer	7 / shelf		
	10. list	en / speak / rir	ngs		
	11. frie	end / family / b	ottle		
	12. sto	nd / still / poud	ch		
	SYNONYN	IS			
	Choose a underlined	_	m the box to	replace each	
	children	tale	begin	damp	
	giggle	done	perhaps	pebble	
	silly	tidy	giant		
	1. Wi	ll you please t	ell me a story	, dad?	
		n we start the			
		e these your ki	•		
	4. Please put the wet towel away. Or it will star to smell.				
	5. Mo	ıybe you will li ve.	ke to come al	ong for a	
		e told me abou Irted to laugh.	ut a funny inci	dent and I	
		t your plate in shed.	the sink once	you're	
	8. Ca	rol knows so r	nany funny jo	kes.	

Date and Time	Content and teacher activity	Formative assessment
	9. They keep their classroom neat and clean.10. There is a large obstacle in the way.11. I tossed a stone at the lake yesterday.	
20 min	Class Work: Working with words: It is not necessary to give the meanings of all the unknown words to the students because getting the message / meaning of a text does not depend on understanding every word occurring in it. It is best not to give the meanings of the essential words to the students right away. For young students, the following approach can be used to deal with the vocabulary items occurring in a text: • Generally, the meaning of a word is available from the context in which it occurs. Students should be trained in guessing the meaning of words using the contextual clues available. The meaning of some words can be given through pictures. For many verbs, actions can be used to show their meaning, for example, 'laughed'. Attempt Exercise B. Feedback: Give feedback on responses and correct any answer if required.	Verbal Response Writing skill Brainstorming Creative writing

Date and Time	Content and teacher activity	Formative assessment
Day 3:	ACTIVITY 1: HOMOPHONES	
00/00/00	Chinese Whispers:	Writing skill Brainstorming
35 min	In groups of six, ask the students to play Chinese Whispers, using any funny one-line phrase they love the most. Each student can take turns to initiate the whisper. Remember, the phrase should be said only once and in a clear manner. At the end creative and funny answers may result.	Creative thinking skills
	ACTIVITY 2: NOUNS: GENDER	
	 Prepare a list of masculine nouns (father, king, brother, bull, groom, lion, and prince). Cut strips of writing paper. Then write one masculine noun on each strip. Fold them. 	
	3. Use a card sheet to make a card box.	
	 Shuffle the folded strips and put them into the box. 	
	5. Tell the students that they will pass the gender box and pick a strip. They will read the strip and say aloud the feminine noun for the masculine on the strip. Keep aside the used strip. Pass the box to the next student and continue the game until all the strips are used.	

Date and Time	Content and teacher activity	Formative assessment
	ADDITIONAL HELPFUL RESOURCES:	
	HOMOPHONES	
	A. Choose the correct options to fill in each blank.	
	1. Have you (red / read) this funny story?	
	2. Today, I saw a (hare / hair) in the park.	
	3. She took a picture of ships sailing on the (sea / see).	
	4. After the long race he was gasping for (air / heir).	
	5. This sum is (two / too) difficult for me to solve.	
	6. The teacher said that my answer was (write / right).	
	7. Father asked us to (weight / wait) outside for him.	
	8. The final (seen / scene) in the film is frightening.	
	9. Naheed ate the (whole / hole) box of sweets.	
	10. The farmers have started to(sew / sow) the seeds.	

Date and Time	Content and teacher activity	Formative assessment
	NOUNS: GENDER	
	Given below are some nouns. Write down which are male, and which are female and the opposite gender of each.	
	1. peahen 2. king 3. lady 4. uncle 5. bull 6. grandfather 7. mother 8. mare 9. sister 10. tiger 11. ram 12. witch 13. nephew 14. hen 15. son 16. aunt 17. stepfather 18. granddaughter 19. lord 20. lioness	

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	Class Work:	
	Attempt Ex: C 1, 2, 3.	
	Feedback:	
	Give feedback on responses and correct any answer if required.	
	Homework:	
	Practise homophones.	
10 min	Workbook Exercise:	Writing skill
	Attempt workbook exercises.	
	HOMEWORK:	
	Complete any incomplete work.	

Date and Time	Content and teacher activity	Formative assessment
	Activity: Listening and pronunciation skills Research and Present: This activity will sharpen the students' researching and presenting skills. Divide the class in pairs or groups and ask them to research on their preferred topic: animals or plants of our country. Make sure that the students have the proper materials to conduct their research (either they have access to library or computer lab). The point of this exercise is to check their memory, speaking, listening, and presentation skills. Move on when the students are able to speak and convey their message properly to the other party. Try to make the lesson as interactive as possible. However, provide assistance where required. Classwork: Listening and Speaking Attempt Ex: D. Provide assistance when required. Feedback: Give feedback on responses and correct any answer if required.	
	Homework: Complete any incomplete work.	

Date and Time	Content and teacher activity	Formative assessment
Day 5: 00/00/00	Activity: How to design an envelope and write a letter?	Verbal response
20 min	 Provide the students with all the stationery required to design and make an envelope. Spend time with the students and help them create beautiful envelopes. Provide them with markers or colours and ask them to draw delicate and beautiful designs on the envelopes. Next, provide the students with coloured A4 sheets to write a letter. 	Writing skills Reading skills Speaking skills Listening skills Composition skills Critical thinking Art skills
	Class Work: Composition	
	Attempt Exercise E in class.	
	Discuss the composition with the students and make sure that they understand the concept in detail. Provide them with everything that they may require and keep providing them assistance whenever required.	
	Feedback:	
	Give feedback if required.	
	Homework:	
	Complete any incomplete work.	

Date and Time	Content and teacher activity	Formative assessment
20 min	Class Work: Analysing a paragraph	
	Materials needed to analyse a passage:	
	 A passage that needs to be analysed Highlighter or pencil that can be used to highlight certain parts of the paragraph Another notebook or piece of paper to take notes 	
	Steps taken to analyse the paragraph:	
	 Step 1: Identify the topic sentence Step 2: Highlight all the supporting facts and details that you can find Step 3: Identify the transitional words which are almost always used to keep the argument cohesive and organised. Step 4: Identify the concluding sentence 	
05 min	Plenary: Ask the students the following questions:	Brainstorm Verbal
	What do you like the best about your country?	Response

ASSESSMENT	REFLECTION