



Unit 1: Me and My World
Keeping Clean

Worksheet 1

Name: _____

Date: _____

1. Fill in the missing letters to complete the words from the lesson:

- a) G _ _ _ ms (They make us ill.)
- b) W _ _ _ h (We need water and soap to do this.)
- c) B _ _ _ h (We should take one every day.)
- d) To _ _ th b _ _ _ sh (We use it to clean our teeth.)

2. Write T for True or F for False after each of the following sentences:

- a) Germs live in clean places. _____
- b) We should cut our nails every week. _____
- c) We should not bathe every day. _____
- d) We should throw rubbish in the street. _____
- e) We should wear clean clothes. _____
- f) We should wash our hands before every meal and after using the toilet. _____

Name: _____

Date: _____

Fill in the blanks to complete the following poem:

brush	nice	comb	bed
-------	------	------	-----

I _____ my teeth in the morning, I shower every day.

I _____ my hair and clean my ears, and that is the right way.

To stay healthy and look _____, and keep the germs away!

I brush my teeth again at night, before I go to _____,

And shake my pillow well, before I rest my head.