

NEW OXFORD
**SOCIAL
STUDIES**
FOR PAKISTAN

SUMMER PACK



OXFORD
UNIVERSITY PRESS

FOURTH EDITION

1

About Myself

Me and my family

Part A: Short Question Answers

Read the passage in the book and answer the questions.

1. How many people are there in Ali's family?

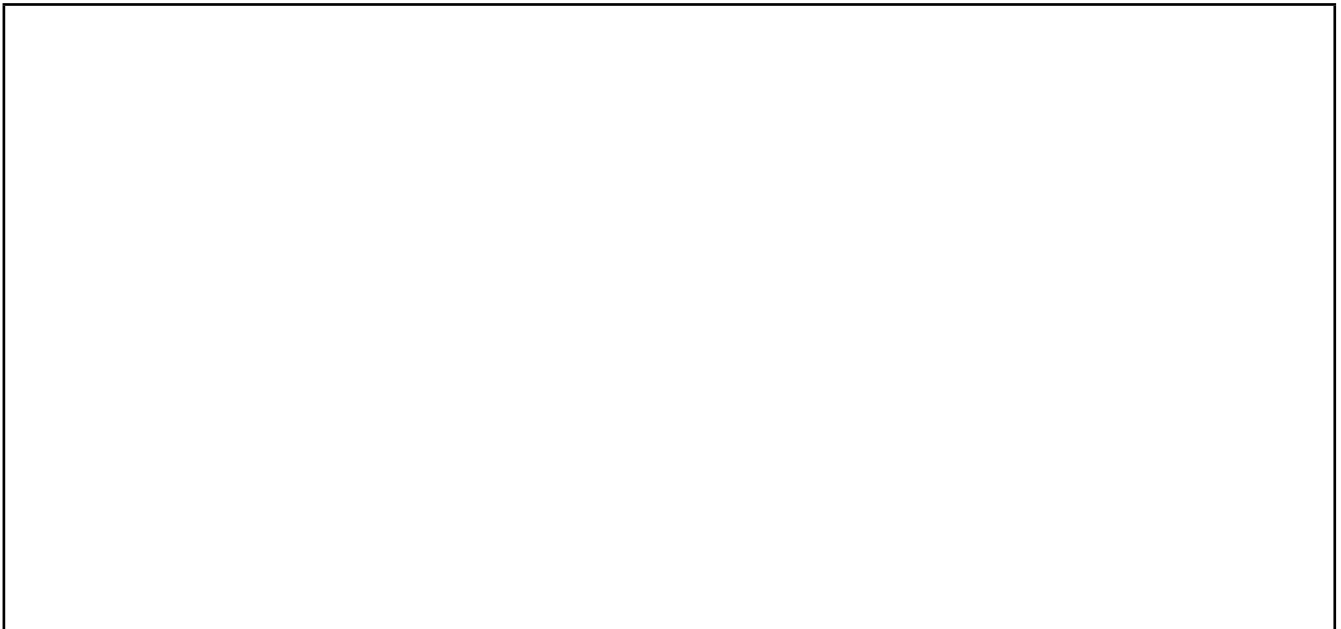
2. Who are the parents in Ali's family?

3. Who are the children in Ali's family?

4. Who are the grandparents in Ali's family?

Part B: Activity

Paste a picture of your family and label each member.



Part A: Answer the Questions

1. How many people are there in Ali's family?
_____ (Write the number)
2. How many people are there in your family?
_____ (Write the number)

Part B: Draw a family tree by filling in the names of your family.**Part C: Activity**

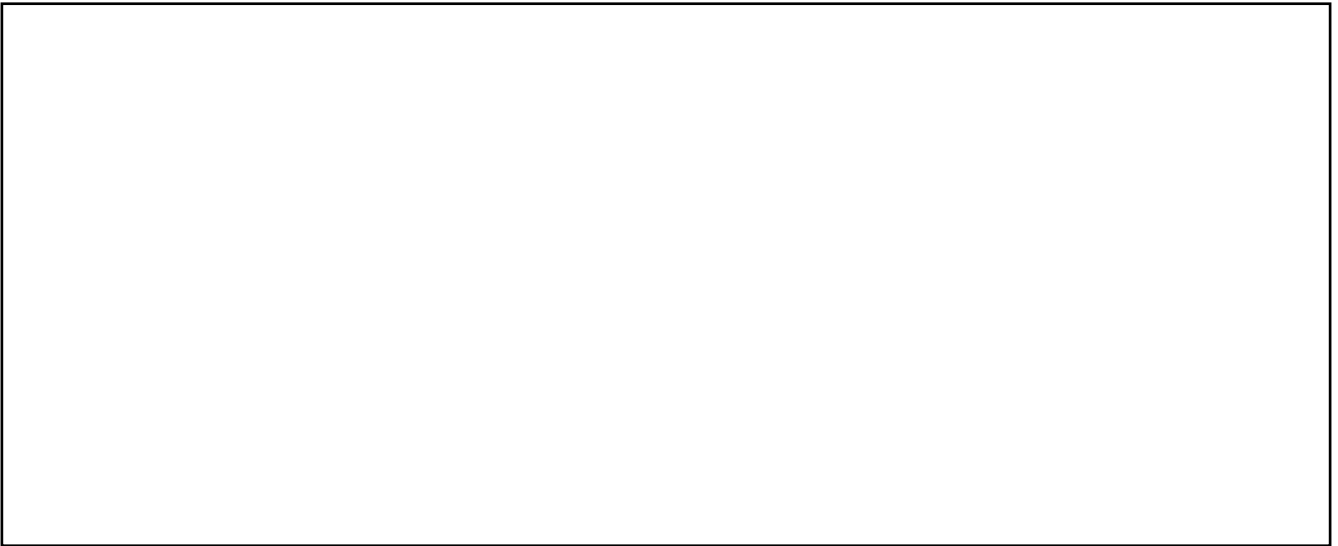
1. Write one sentence about what you like to do with your family

Unit 2

My Body

1. Draw a picture of a face. Make sure you include the following:

- Head
- Hair (any style you like!)
- Two eyes
- A nose
- A mouth with two lips
- Two cheeks
- A chin
- Two ears



Part B

1. Circle the body parts below that you use for the following:

Running:	legs	arms	feet
Eating:	mouth	hands	teeth
Writing:	hands	eyes	arms

2. Write down the use for the following body parts:

Arms: _____

Legs: _____

Feet: _____

Mouth: _____

Eyes _____

Part A: True or False

1. You use your ears to see. _____
2. You use your mouth to eat. _____
3. You use your feet to walk. _____
4. You use your nose to hear. _____
5. You use your hands to write. _____

Part B: Fill in the Blanks

1. I use my _____ to see.
2. I use my _____ to hear.
3. I use my _____ to taste food.
4. I use my _____ to walk.
5. I use my _____ to smell.

Part C: Fun Fact

Did you know, humans can make thousands of facial expressions? How many can you make? Try making different facial expressions and draw your favourite one below.



Unit 3

Clean and Healthy

Keeping Clean**Part A: Fill in the Blanks**

1. Wash your hands before _____ anything.
2. Wash your hands with _____ after you have been to the toilet.
3. Cut your _____ regularly.
4. Keep your nails _____.
5. Comb your _____.

Part B: Multiple-Choice Questions


1. **When should you wash your hands?**
 - a) Before eating
 - b) After playing
 - c) Both a and b
2. **What should you use to wash your hands after using the toilet?**
 - a) Water only
 - b) Soap and water
 - c) Towel
3. **Why should you cut your nails regularly?**
 - a) To keep them clean
 - b) To make them grow faster
 - c) To change their colour

4. What should you do to your hair?

- a) Comb it
- b) Cut it
- c) Colour it

Part C: Activity

Draw a picture of yourself practicing good hygiene. You can draw yourself washing your hands, cutting your nails, or combing your hair.

A large empty rectangular box with a thin black border, intended for a student to draw a picture of themselves practicing good hygiene.

Part A: Match the following

- | | |
|--------------------|----------------------------------|
| 1. Wash your hands | Before eating anything |
| 2. Cut your nails | Regularly to keep them clean |
| 3. Comb your hair | with soap after using the toilet |

Part B: True or False

1. You should wash your hands before eating. _____
2. You should cut your nails once a year. _____
3. You should wash your hands with soap after using the toilet. _____
4. You should comb your hair every day. _____
5. We wear clothes to protect our bodies. _____
6. We wear uniforms at home. _____
7. We wear light clothes when it is cold. _____
8. We wear warm clothes when it is hot. _____
9. Clothes cover our bodies. _____

Part C: Activity

1. Write a short story about a character who practices good hygiene. Illustrate the story and share it with the class.



2. Word Search Puzzle

Find and circle the words related to hygiene and clothing in the puzzle below. Words to find:

D	G	H	Y	V	B	E	D	W	D
S	O	A	P	X	C	V	B	A	L
X	C	L	O	T	H	E	S	R	N
H	X	U	N	I	F	O	R	M	X
A	Y	X	A	X	Y	T	R	X	C
N	C	V	I	S	W	X	Z	E	O
D	V	E	L	I	G	H	T	V	M
S	A	W	S	X	Y	T	E	Z	B

- SOAP
- HANDS
- NAILS
- COMB
- UNIFORM
- LIGHT
- WARM
- CLOTHES

Part A: Fill in the Blanks

1. We eat food to make us _____ and healthy.
2. Healthy food helps us to _____.
3. Fruits and vegetables grow on _____.
4. Some foods come from _____, fish, and birds.
5. We make food from milk such as _____, cream, and cheese.

Part B: Multiple-Choice Questions

Instructions: Circle the correct answer.

1. **Why do we eat food?**
 - a) To make us strong and healthy
 - b) To make us sleepy
 - c) To make us tired
2. **What helps us grow?**
 - a) Junk food
 - b) Healthy food
 - c) Fast food
3. **Where do fruits and vegetables grow?**
 - a) On plants
 - b) In the ocean
 - c) In the sky

4. Which foods come from animals?

- a) Fruits
- b) Vegetables
- c) Meat and milk

Part C: Match the following

Instructions: Match the food with its source.

- | | |
|------------|---------|
| 1. Butter | Plants |
| 2. Fish | Animals |
| 3. Carrots | Milk |
| 4. Chicken | Birds |

Part D: True or False

- 1. Healthy food helps us grow. _____
- 2. Fruits grow in the ocean. _____
- 3. We make cheese from milk. _____
- 4. Vegetables come from animals. _____

Part E: Activity

- 1. Draw a picture of your favorite fruit and vegetables.
- 2. Write a few lines stating which foods are healthy and why.

Part A: Fill in the Blanks

1. Some foods are grown. Fruits and vegetables grow on _____.
2. Some foods come from _____, fish, and birds.
3. We make food from milk such as _____, cream, and cheese.
4. Fresh _____ and vegetables are good for us.
5. We should eat _____ amounts of ice cream and cake.

Part B: Multiple-Choice Questions

1. **Where do fruits and vegetables grow?**
 - a) On plants
 - b) In the ocean
 - c) In the sky
2. **Which foods come from animals?**
 - a) Fruits
 - b) Vegetables
 - c) Meat and milk
3. **What is milk used to make?**
 - a) Butter, cream, and cheese
 - b) Bread and pasta
 - c) Fruits and vegetables
4. **Which foods should we eat in small amounts?**
 - a) Fresh fruits and vegetables
 - b) Ice cream and cake
 - c) Nuts and wheat

Part C: True or False

1. Fruits and vegetables grow on plants. _____
2. We make cheese from milk. _____
3. Vegetables come from animals. _____
4. Fresh fruits and vegetables are good for us.

Part D: Activity

1. Sort the food into two categories: "Healthy Foods" and "Foods to Eat in Small Amounts."

Healthy foods	Eat in Small Amounts

Fruits Vegetables candy milk
ice cream nuts cake

2. Identify which food group each item belongs to.

- | | |
|------------|--------------|
| 1. Apple | a. Fruit |
| 2. Carrot | b. Vegetable |
| 3. Chicken | c. Meat |
| 4. Milk | d. Dairy |

Part E: Fun Fact

Did you know, eating a variety of foods helps us stay healthy. Draw a picture of a balanced meal that includes different food groups. Draw your balanced meal.

